

GLOWBAL

**Chinese Dinner Menu**

**晚餐菜單**

## RAW BAR

生食類

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### Oysters On The Half Shell

新鮮生蠔

KUSshi BRITISH COLUMBIA...**3.50 each** (一隻)

古希, 卑詩省

West Coast Feature...**3.25 each** (一隻)

西岸



### Dozen Oysters Chef's Selection...36

廚師精選新鮮生蠔

red wine shallot & chive mignonette

紅酒香葱及韭菜木犀草

## APPETIZERS

開胃菜

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### Smoked Sablefish Chowder...12

烟熏黑鱈魚濃湯

served tableside | wild mushrooms, doubled smoked bacon

桌邊準備 | 野生蘑菇, 香脆培根

### Wagyu Beef Carpaccio...16

牛肉刺身

mustard seeds, garlic herb tuscan loaf, dijon hoseradish aioli

芥末籽, 蒜蓉香草麵包, 芥末山葵蛋黃醬

### Crispy calamari...15

酥炸魷魚

fresno chilies, cilantro, citrus aioli

辣椒, 香菜, 柑橘蒜泥蛋黃醬

### Mussels 1LB...20

淡菜

thai green curry, coconut, chili, lemon grass, tuscan loaf  
泰式青咖喱，椰子，辣椒，香茅，香辣麵餅，托斯卡納麵包

 **Ahi Tuna Poke....17**

**金槍魚丁**

ahi tuna, avocado, charred pineapple, taro chips  
金槍魚，鱈梨，鳳梨，芋頭脆片

**Prosciutto & Burrata....18**

**意大利培根乳酪**

hazelnuts, toast points, arugula, quince-pear vinaigrette  
榛子，烤麵包，芝麻菜，梨醋汁

 **ULTIMATE SEAFOOD TOWER ....140**

**特級海鮮拼盤**

serves 2-4 足2-4人享用

dozen oysters on the half shell, 10 poached prawns 1/2 lb dungeness crab, 2  
lobster tails, tuna poke, daily ceviche, calamari & seaweed salad半打生蠔，10  
大蝦，半磅肉蟹，2只龍蝦尾，吞拿魚丁，酸橘汁腌魚，魷魚，海帶

## SALAD

### 沙拉

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 **Ahi Tuna Salad....22**

**金槍魚沙拉**

seared rare ahi tuna, artichokes, beets, charred pepper vinaigrette, fennel,  
spring greens  
香煎金槍魚，洋蔥，甜菜，胡椒汁，茴香，蔬菜

 **Prawn & Quinoa Salad....22**

**大蝦藜麥沙拉**

cucumbers, avocado, tomatoes, almonds, goat's cheese, buttermilk dressing  
青瓜，鱈梨，番茄，杏仁，羊奶酪，奶油醋汁

**Caesar Salad....11**

**凱撒沙拉**

romaine lettuce, croutons, lemon & caper vinaigrette  
生菜，麵包丁，檸檬及小酸豆醋汁

**Apple Chopped Salad....14**

### 蘋果混切沙拉

fuji apples, watermelon, macedonian feta, pumpkin seeds, honey-thyme vinaigrette

富士蘋果，西瓜，乳酪，南瓜籽，蜜糖百里香醋汁

### Burrata Salad...17

布拉塔芝士及甜菜沙拉

heirloom tomatoes, basil, lemon, extra virgin olive oil

番茄，羅勒，檸檬，特級橄欖油

## SATAY

沙爹

all satays served with ginger white soy, truffle aioli, sriracha mustard

所以沙爹配上姜白醬油，松露蒜泥蛋黃醬，辣椒芥末

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### Lamb Kofta...3.25

羊肉丸

### Braised Short Rib...3.50

炖小排骨

### Curried Tiger Prawn...3.95

咖喱老虎蝦

### King Mushroom Tempura...2.50

蘑菇天婦羅

### Jerk Chicken...3.95

辣鷄排

### Bacon Wrapped Scallop...3.95

培根裹扇貝

### Ginger Beef...3.95

薑汁醬油牛肉

### Al Pastor Pork...3.25

腌豬肉

### Signature Meatball...3.95

招牌肉丸

### Satay Platter 30

沙爹拼盤

chef selection from the robata grill with dipping sauces

廚師精選配蘸醬

## PASTA

意大利麵

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### Truffled Spaghetti & Signature Meatballs....26

招牌肉丸松露意大利麵

tomato fondue, , shaved truffles

番茄, 乳酪, 松露

### Seafood Carbonara....36

帶子及老虎蝦寬面

prawn, scallop, lobster, pancetta, scallions, egg, black pepper,

parmigiano-reggiano

大蝦, 扇貝, 龍蝦, 培根, 大葱, 蛋, 黑胡椒, 乳酪

### Pappardelle....24

牛小排寬麵條

braised short ribs, wild mushrooms, pine nuts, spinach

牛小排, 野生蘑菇, 松子, 菠菜

### Rigatoni Arrabiatta....24

辣培根貝殼通心粉

pancetta, chili, tomatoes, buratta

烟熏培根, 辣椒, 番茄, 布拉塔乳酪

## LAND

肉類

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### Cornish Game Hen....32

烤春雞

deboned, roasted shallots, pan jus, mashed potatoes, seasonal vegetables

無骨, 烤青葱, 醬汁, 土豆泥, 當季蔬菜

### Lamb Shank....30

羊小腿

slow braised, chimichurri, mashed potatoes, tableside au jus

慢燉, 香草汁, 土豆泥, 醬汁

### Glowbal Burger....22

Glowbal招牌漢堡

green leaf lettuce, tomato, pickle, mayo, mustard, aged cheddar, brioche bun

生菜, 番茄, 腌黃瓜, 蛋黃醬、芥末、切達奶酪、奶油面包

## STEAK

牛排

Ask your server about our Japanese Wagyu

日本和牛請質詢服務員

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### **Angus Reserve Beef Tenderloin 8oz....49**

安格斯牛肉里脊 ...8盎司

### **Angus Reserve Beef Striploin 12oz....49**

安格斯紐約客...12盎司

### **Angus Reserve Rib Eye 14oz.... 56**

安格斯牛肋眼排....14盎司

served with buttermilk mashed potatoes, seasonal vegetables & maître d' butter  
附上奶油土豆泥，當季蔬菜，牛油

## SIDES

配菜

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### **Brussels Sprouts....11**

芽甘藍

parmesan, capers, lemon, chili flakes

乳酪，小酸豆，檸檬，辣椒片

### **Whipped Potatoes....9**

土豆泥

brown butter

黃油

### **Seasonal Vegetables....9**

當季蔬菜

### **House Made Brioche Bread....6**

自家製奶油麵包

chimichurri butter, maldon sea salt, extra virgin olive oil

香草奶油，海鹽，特級橄欖油

## FISH & SHELLFISH

魚&貝類

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### Sablefish....37

味噌腌黑鱈魚

soba noodles salad, asian vegetables, mushroom consommé  
蕎麥麵沙拉, 蔬菜, 香菇清湯,

### Salmon....32

香煎三文魚

baby potatoes, butternut squash purée, roasted cauliflower  
土豆, 白胡桃泥, 炸烤花椰菜

### Ahi Tuna....34

烤金槍魚柳

baby potatoes, squash purée, roasted cauliflower  
土豆, 南瓜泥, 炸烤花椰菜

### Lobster Paella....36

西班牙龍蝦烩菜飯

chorizo, chicken, saffron, tomatoes  
西班牙香腸、雞肉、藏紅花、西紅柿

### Classic Fish & Chips....24

炸魚及薯條

beer batter, coleslaw, tartar sauce  
啤酒面糊、涼拌卷心菜、鞑靼醬

### Ocean Friendly

有利海洋生態

### Before Placing Your Oder

Please inform your server if a person in your party has a food allergy. Our kitchen contains wheat, egg, diary, soy, nuts, pork, fish & shellfish. Consuming raw or undercooked meat, seafood, or eggs may increase your risk of foodborne illness.

### 點菜之前

如有食物過敏請知會您的服務員。本餐廳廚房有小麥, 鷄蛋, 奶類, 大豆, 堅果, 豬肉, 魚以及貝類海鮮。吃生或未煮熟的肉類, 海鮮或鷄蛋易增加食源性疾病生成的可能性。

GLOWBAL

**Chinese Lunch Menu**  
午餐菜單



## RAW BAR

生食類

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### Oysters On The Half Shell

新鮮生蠔

KUSshi BRITISH COLUMBIA...**3.50 each** (一隻)

古希, 卑詩省

West Coast Feature...**3.25 each** (一隻)

西岸

### Dozen Oysters Chef's Selection...**36**

廚師精選新鮮生蠔

red wine shallot & chive mignonette

紅酒香蔥及韭菜木犀草

## BURGERS & SANDWICHES

漢堡及三文治

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### Glowbal Burger...**22**

Glowbal招牌漢堡

7oz burger patty, green leaf lettuce, tomato, pickle, mayo, mustard, aged cheddar, brioche bun

7盎司漢堡餡餅, 生菜, 番茄, 腌黃瓜, 蛋黃醬、芥末、切達奶酪、奶油面包



### Lobster Grilled Cheese...**22**

龍蝦乳酪三文治

atlantic lobster, fontina, provolone cheese, green salad

大西洋龍蝦, 乳酪, 時蔬

### Beef Dip...**18**

牛肉酪三文治

horseradish cream, carmamelized onions, mushrooms, au jus, toasted baguette

辣根奶油, 焦糖洋蔥, 蘑菇, 牛肉醬汁, 烤法式長麵包

## APPETIZERS

開胃菜

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### Ahi Tuna Poke....17

金槍魚丁

ahi tuna, avocado, charred pineapple, taro chips

金槍魚，鱈梨，鳳梨，芋頭脆片

### Wagyu Beef Carpaccio....16

牛肉刺身

mustard seeds, garlic herb tuscan loaf, dijon hoseradish aioli

芥末籽，蒜蓉香草麵包，芥末山葵蛋黃醬

### Crispy calamari....15

酥炸魷魚

fresno chilies, cilantro, citrus aioli

辣椒，香菜，柑橘蒜泥蛋黃醬

### House Made Brioche Bread....6

自家製奶油麵包

chimichurri butter, maldon sea salt, extra virgin olive oil

香草奶油，海鹽，特級橄欖油

### Smoked Sablefish Chowder....12

烟熏黑鱈魚濃湯

served tableside | wild mushrooms, doubled smoked bacon

桌邊準備 | 野生蘑菇，香脆培根

## SALAD

### 沙拉類

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#### **Ahi Tuna Salad....22**

##### 金枪鱼沙拉

seared rare ahi tuna, artichokes, beets, charred pepper vinaigrette, fennel, spring greens

香煎金枪鱼，洋蓟，甜菜，胡椒汁，茴香，蔬菜

#### **Prawn & Quinoa Salad....22**

##### 大蝦藜麥沙拉

cucumbers, avocado, tomatoes, almonds, goat's cheese, buttermilk dressing

青瓜，鱈梨，番茄，杏仁，羊奶酪，奶油醋汁

#### **Blackened Chicken Caesar....18**

##### 凱撒雞肉沙拉

romaine lettuce, croutons, lemon & caper vinaigrette

生菜，麵包丁，檸檬及小酸豆醋汁

#### **Apple Chopped Salad....14**

##### 蘋果混切沙拉

fuji apples, watermelon, macedonian feta, pumpkin seeds, honey-thyme vinaigrette

富士蘋果，西瓜，乳酪，南瓜籽，蜜糖百里香醋汁

#### **Burrata Salad....17**

##### 布拉塔芝士及甜菜沙拉

heirloom tomatoes, basil, lemon, extra virgin olive oil

番茄，羅勒，檸檬，特級橄欖油

#### **Smoked Salmon Bibb Salad....19**

##### 烟熏三文魚沙拉

butter lettuce, cucumber, feta, pickled red onion, buttermilk dill dressing

生菜，青瓜，乳酪，蛋，腌红洋葱，奶油醬汁

#### **Steak Salad....28**

##### 牛排沙拉

butter lettuce, olives, egg, mortadella, preserved lemon vinaigrette

生菜，橄欖，蛋，芝麻菜醬，熏香肠，腌柠檬醋醬汁

## LUNCH FEATURE \$14

午餐精選

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### Spaghetti Bolognese

意大利番茄牛肉面

meat ragu, tomatoes, basil

肉醬，番茄，羅勒

### Fish & Chips

炸魚和薯條

beer battered cod, fries, coleslaw

啤酒面糊鱈魚、薯條，涼拌卷心菜

### Avocado Toast

鱈梨土司

avocado, soft boiled eggs, prosciutto, roasted tomatoes, sourdough

鱈梨，半熟蛋，意大利火腿，烤蕃茄，酵母面包

### Jerk Chicken Club

牙買加烟熏烤雞三文治

charred pineapple aioli, sprouts, tomatoes, crispy pancetta

菠蘿蒜泥蛋黃醬，芽菜，番茄，脆皮豬肉

## PASTA

意大利麵

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### Truffled Spaghetti & Signature Meatballs....26

招牌肉丸松露意大利麵

tomato fondue, , shaved truffles

番茄，乳酪，松露

### 🍷 Seafood Carbonara....28

帶子及老虎蝦寬面

prawn, scallop, lobster, pancetta, scallions, egg, black pepper,

parmigiano-reggiano

大蝦，扇貝，龍蝦，培根，大葱，蛋，黑胡椒，乳酪

**Pappardelle....24**

牛小排寬麵條

braised short ribs, wild mushrooms, pine nuts, spinach

牛小排，野生蘑菇，松子，菠菜

**Rigatoni Pomodoro....18**

番茄貝殼通心粉

basil, extra virgin olive oil, pecorino

羅勒，特級橄欖油，羊乳酪

**SATAY**

沙爹

all satays served with ginger white soy, truffle aioli, sriracha mustard

所以沙爹配上姜白醬油，松露蒜泥蛋黃醬，辣椒芥末

**Lamb Kofta....3.25**

羊肉丸

**Braised Short Rib...3.50**

炖小排骨

**Curried Tiger Prawn...3.95**

咖喱老虎蝦

**King Mushroom Tempura...2.50**

蘑菇天婦羅

**Jerk Chicken....3.95**

辣鷄排

**Bacon Wrapped Scallop...3.95**

培根裹扇貝

**Ginger Beef....3.95**

薑汁醬油牛肉

**Al Pastor Pork....3.25**

腌豬肉

**Signature Meatball...3.95**

招牌肉丸

**Satay Platter 30**

沙爹拼盤

chef selection from the robata grill with dipping sauces

廚師精選配蘸醬

## LAND

肉類

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### **Cornish Game Hen....32**

烤春雞

deboned, roasted shallots, pan jus, mashed potatoes, seasonal vegetables  
無骨，烤青蔥，醬汁，土豆泥，當季蔬菜

### **Lamb Shank....30**

羊小腿

slow braised, chimichurri, mashed potatoes, tableside au jus  
慢燉，香草汁，土豆泥，醬汁

## FISH

魚&貝類

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### **Salmon....32**

香煎三文魚

baby potatoes, butternut squash purée, roasted cauliflower  
土豆，白胡桃泥，炸烤花椰菜

### **Sablefish....34**

味噌腌黑鱈魚

soba noodles salad, asian vegetables, mushroom consommé  
蕎麥麵沙拉，蔬菜，香菇清湯，

### **Ahi Tuna....30**

烤金槍魚柳

baby potatoes, squash purée, roasted cauliflower  
土豆，南瓜泥，炸烤花椰菜

### **Ocean Wise**

有利海洋生態

### **Before Placing Your Order**

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如有食物過敏請知會您的服務員。本餐廳廚房有小麥，雞蛋，奶類，大豆，堅果，豬肉，魚以及貝類海鮮。吃生或未煮熟的肉類，海鮮或雞蛋易增加食源性疾病生成的可能性。

GLOWBAL

**Chinese Brunch Menu**  
早午餐菜單

Glowbal Brunch Menu

Glowbal 早午餐菜單

## BRUNCH ENTREES

早午餐

### **Chef's Breakfast...14**

招牌早餐

free range eggs, cumberland sausage, potato hash, tomato jam, baked beans  
蛋，香腸，土豆餅，番茄醬，焗豆

### **Avocado Toast...15**

鱈梨土司

avocado, sautéed & crispy mushrooms, arugula, roasted tomatoes, ricotta  
salata

鱈梨，炒蘑菇，芝麻菜，烤番茄，乳酪

### **Short Rib Hash...18**

排骨肉丁

braised beef short ribs, sunny side up eggs, tomatoes, potato gnocchi, green  
beans, pesto hollandaise

燉排骨，蛋，番茄，土豆麵糰，青豆，香蒜醬

### **Spinach & Goat's Cheese Omelet...16**

菠菜及羊乳酪蛋餅

seasonal salad, potato hash

當季沙拉，土豆丁

### **Lobster & Smoked Salmon Plate... 24**

龍蝦及烟三文魚

poached eggs, avocado, pickled cucumber, crème fraîche

水煮蛋，鱈梨，腌青瓜，酸奶油

### **Huevos Rancheros...16**

墨西哥式煎蛋

fried eggs, crispy tortilla, avocado, refried beans, pico de gallo, crema煎蛋，薄  
餅，鱈梨，炸豆，莎莎醬

### **Francesinha...17**

葡式三明治

sourdough, grainy mustard, montreal smoked meat, mozzarella, sunny side  
egg, gravy

酵母面包，芥末，烟熏肉，乳酪，蛋，肉汁



## **Breakfast Burger...19**

### **早餐漢堡**

7oz burger patty, green leaf lettuce, tomato, pickle, mayo, mustard, aged cheddar, brioche bun

7盎司漢堡餡餅, 生菜, 番茄, 腌黃瓜, 蛋黃醬、芥末、切達奶酪、奶油麵包

## **Belgian Waffle...14**

### **比利時鬆餅**

charred pineapple, white chocolate mousse, white peach honey

烤鳳梨, 白巧克力慕斯, 蜂蜜白桃

## **SIDES**

One Egg any Style...3

雞蛋

Smoked Bacon...6

培根

House Made Sausage...6

自家製香腸

Hash Browns...4

薯餅

Smoked Salmon...6

烟熏三文魚

Lobster Tail...18

龍蝦尾

Mushrooms...3

蘑菇

Avocado...3

鱈梨

Fresh Fruit...6

新鮮水果

## **\$12 BENNYS**

### **火腿蛋松餅**

#### **Original**

##### **招牌雞蛋班尼迪**

canadian back bacon, poached eggs, hollandaise, potato hash

培根, 荷包蛋, 蛋黃奶油酸辣醬, 土豆丁

#### **Florentine**

##### **佛羅倫斯**

spinach & roasted gem tomatoes, poached eggs, hollandaise, potato hash

菠菜及烤番茄, 荷包蛋, 蛋黃奶油酸辣醬, 土豆丁

#### **West Coast**

##### **西岸**

rock shrimp & roasted peppers poached eggs, hollandaise, potato hash

石頭蝦及烤青椒, 荷包蛋, 蛋黃奶油酸辣醬, 土豆丁

#### **Lamb**

##### **羊**

braised lamb, chimichurri, poached eggs, hollandaise, potato hash

燉羊, 香草醬, 荷包蛋, 蛋黃奶油酸辣醬, 土豆丁

## APPETIZERS

前菜

### Smoked Sablefish Chowder....12

烟熏黑鱈魚濃湯

served tableside | wild mushrooms, doubled smoked bacon  
桌邊準備 | 野生蘑菇, 香脆培根

### Prosciutto & Burrata....17

意大利培根乳酪

hazelnuts, toast points, arugula, quince-pear vinaigrette  
榛子, 烤面包, 芝麻菜, 梨醋汁

### House Made Brioche Bread....8

自家製奶油麵包

chimichurri butter, maldon sea salt, extra virgin olive oil  
香草奶油, 海鹽, 特級橄欖油

### Crispy calamari....15

酥炸魷魚

fresno chilies, cilantro, citrus aioli  
辣椒, 香菜, 柑橘蒜泥蛋黃醬

## PASTA

意大利麵

### Truffled Spaghetti & Signature Meatballs....26

招牌肉丸松露意大利麵

tomato fondue, , shaved truffles  
番茄, 乳酪, 松露

### Seafood Carbonara....28

帶子及老虎蝦寬面

prawn, scallop, lobster, pancetta, scallions, egg, black pepper,  
parmigiano-reggiano  
大蝦, 扇貝, 龍蝦, 培根, 大葱, 蛋, 黑胡椒, 乳酪

## SALAD

湯及沙拉

### **Burrata Salad....17**

布拉塔芝士及甜菜沙拉

heirloom tomatoes, basil, lemon, extra virgin olive oil  
番茄，羅勒，檸檬，特級橄欖油

### **Caesar Salad....11**

凱撒沙拉

romaine lettuce, croutons, lemon & caper vinaigrette  
生菜，麵包丁，檸檬及小酸豆醋汁

### **Apple Chopped Salad....14**

蘋果混切沙拉

fuji apples, watermelon, macedonian feta, pumpkin seeds, honey-thyme  
vinaigrette  
富士蘋果，西瓜，乳酪，南瓜籽，蜜糖百里香醋汁

🌊 Ocean Friendly  
有利海洋生態

Gluten friendly item  
不包含麩質

### **Before Placing Your Oder**

Please inform your server if a person in your party has a food allergy. Our kitchen contains wheat, egg, diary, soy, nuts, pork, fish & shellfish. Consuming raw or undercooked meat, seafood, or eggs may increase your risk of foodborne illness.

如有食物過敏請知會您的服務員。本餐廳廚房有小麥，雞蛋，奶類，大豆，堅果，豬肉，魚以及貝類海鮮。吃生或未煮熟的肉類，海鮮或雞蛋易增加食源性疾病生成的可能性